

selecthealth. Signature Expanded Bronze 6900 - no deductible for office visits

Coverage Period: 01/01/2023 - 12/31/2023

Summary of Benefits and Coverage: What this Plan Covers & What it Costs

Coverage for: Single/Family | Plan Type: HMO



The Summary of Benefits and Coverage (SBC) document will help you choose a health plan. The SBC shows you how you and the plan would share the cost for covered health care services. NOTE: Information about the cost of this plan (called the premium) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, visit selecthealth.org or call 800-538-5038. For general definitions of common terms, such as allowed amount, balance billing, coinsurance, copayment, deductible, provider, or other underlined terms see the Glossary. You can view the Glossary at selecthealth.org/sbc or call 800-538-5038 to request a copy.

Important Questions	Answers	Why this Matters:
What is the overall deductible?	\$0	See the Common Medical Events chart below for your costs for services this plan covers.
Are there services covered before you meet your deductible?	No.	You will have to meet the deductible before the plan pays for any services.
Are there other <u>deductibles</u> for specific services?	No.	You don't have to meet <u>deductibles</u> for specific services.
What is the <u>out-of-pocket</u> <u>limit</u> for this <u>plan</u> ?	Not applicable.	The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services. If you have other family members in this <u>plan</u> , they have to meet their own <u>out-of-pocket limits</u> until the overall family <u>out-of-pocket limit</u> has been met.
What is not included in the out-of-pocket limit?	<u>Premiums</u> , <u>balance-billed</u> charges, <u>preventive</u> <u>services</u> , healthcare this <u>plan</u> doesn't cover, and penalties for failure to obtain <u>preauthorization</u> for services.	Even though you pay these expenses, they don't count toward the out-of-pocket limit .
Will you pay less if you use a <u>network provider</u> ?	Yes. To find an in-network SelectHealth Signature® provider visit selecthealth.org/findadoctor or call Member Services at 800-538-5038.	This plan uses a provider network . You will pay less if you use a provider in the plan's network . You will pay the most if you use an out-of-network provider , and you might receive a bill from a provider for the difference between the provider's charge and what your plan pays (balance billing). Be aware your network provider might use an out-of-network provider for some services (such as lab work). Check with your provider before you get services.
Do you need a referral to see a specialist?	No.	You can see the specialist you choose without a referral.

^{*} For more information about limitations and exceptions, see the plan or policy document at selecthealth.org/contracts?I61A0055.



All **copayment** and **coinsurance** costs shown in this chart are after your **deductible** has been met, if a **deductible** applies.

Common		What You Will Pay		Limitations, Exceptions, & Other Important	
Medical Event	Services You May Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Information	
	Primary care visit to treat an injury or illness (PCP)	No charge	Not covered	None	
If you visit a health care provider's office or	Specialist visit (SCP)	No charge	Not covered	Certain limitations apply to allergy testing, treatment and serum.	
clinic	<u>Preventive</u> care / <u>screening</u> / immunization	No charge	Not covered	Frequency limitations apply. You may have to pay for services that aren't preventive . Ask your provider if the services needed are preventive . Then check what your plan will pay for.	
If you have a test	<u>Diagnostic test</u> (x-ray, blood work)	No charge	Not covered	None	
If you have a test	Imaging (CT/PET scans, MRIs)	No charge	Not covered	None	
If you need drugs to	Tier 1	No charge	No charge	Certain limitations apply. Benefits may be denied or	
treat your illness or	Tier 2	No charge	No charge	reduced for failure to obtain preauthorization when	
condition More information about	Tier 3	No charge	No charge	required with out-of-network providers. Tiers 3	
prescription drug	Tier 4	No charge	No charge	and 4 Maintenance drugs must be filled with	
coverage is available at	Tier 5	No charge	No charge	Intermountain Home Delivery Pharmacy.	
selecthealth.org/prescri ptions/default.aspx?st=u t& <u>plan</u> =core	Specialty drugs	No charge	Not covered	Benefits may be denied or reduced for failure to obtain preauthorization when required with out-of-network providers .	

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0	What You Will Pay		Limitations Everytions & Other Important	
Common Medical Event	Services You May Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information
If you have	Facility fee (e.g., ambulatory surgery center)	No charge, No charge for ambulatory surgical center	Not covered	Benefits may be denied or reduced for failure to obtain preauthorization when required with out-of-network providers .
outpatient surgery	Physician/surgeon fees	No charge	Not covered	Benefits may be denied or reduced for failure to obtain preauthorization when required with out-of-network providers .
If you need immediate	Emergency room services	No charge	No charge	Emergency room services apply to in-network benefits.
If you need immediate medical attention	Emergency medical transportation	No charge	No charge	Emergencies only. Emergency medical transportation applies to in-network benefits.
	Urgent care	No charge	Not covered	Applies to <u>urgent care</u> facilities only.
If you have a hospital stay	Facility fee (e.g., hospital room)	No charge	Not covered	Benefits may be denied or reduced for failure to obtain preauthorization when required with out-of-
J,	Physician/surgeon fee	No charge	Not covered	network providers.
If you need mental health, behavioral health, or substance	Outpatient services	No charge for office visits, No charge for outpatient	Not covered	Benefits may be denied or reduced for failure to obtain preauthorization when required with out-of-
abuse services	Inpatient services	No charge	Not covered	network providers. Additional limitations and exclusions apply.
	Office visits	No charge	Not covered	None
If you are pregnant	Childbirth/delivery professional services	No charge	Not covered	Benefits may be denied or reduced for failure to obtain <u>preauthorization</u> when required with <u>out-of-network providers</u> . Depending on the type of
	Childbirth/delivery facility services	No charge	Not covered	services, a copayment , coinsurance , or deductible may apply.

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Common Medical Event	Services You May Need	Network Provider	Out-of-Network Provider	Limitations, Exceptions, & Other Important Information
Medical Event		(You will pay the least)	(You will pay the most)	
				Benefits may be denied or reduced for failure to
	Home health care	No charge	Not covered	obtain <u>preauthorization</u> when required with <u>out-of-</u>
				network providers.
				Up to 20 visits per year for outpatient therapies,
	Rehabilitation services	No charge for outpatient,	Not covered	combined. Up to 40 days per year for inpatient therapies, combined. Benefits may be denied or
	Renabilitation Services	No charge for inpatient	NOL COVERED	reduced for failure to obtain preauthorization when
				required with out-of-network providers.
				Up to 20 visits per year for outpatient therapies,
			Not covered	combined. Benefits may be denied or reduced for
If you need help	Habilitation services	No charge		failure to obtain preauthorization when required
recovering or have other				with out-of-network providers.
special health needs	Skilled nursing care	No charge	Not covered	Up to 60 days per calendar year. Benefits may be
				denied or reduced for failure to obtain
				<u>preauthorization</u> when required with <u>out-of-</u>
				network providers
	Durable medical equipment (DME)	No charge	Not covered	Benefits may be denied or reduced for failure to
				obtain <u>preauthorization</u> when required with <u>out-of-</u>
	(DIVIE)			<u>network providers</u> . A different benefit may apply to prosthetic devices.
				Benefits may be denied or reduced for failure to
	Hospice service	No charge	Not covered	obtain preauthorization when required with out-of-
				network providers.
If your child needs dental or eye care	Children's eye exam	No charge	Not covered	Covered through age 18.
	Children's glasses	No charge	Not covered	Covered through age 18. Corrective lenses or
	Official of Glasses	ino charge	NOL GOVERED	contacts, one set per year.
		No charge	Not covered	Covered through age 18. Two oral examinations and
	Children's dental check-up			cleanings per calendar year. <u>Deductible</u> does not
				apply.

^{*} For more information about limitations and exceptions, see the plan or policy document at selecthealth.org/contracts?I61A0055.

Excluded Services & Other Covered Services:

Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services.)

- Abortions/termination of pregnancy except in limited circumstances
- Acupuncture
- Administrative services/charges
- Bariatric surgery
- Chiropractic Care
- Cosmetic, reconstructive or corrective services, except in limited circumstances
- Dental care (adult/child), except in limited circumstances
- Dental check-up (Adult)

- Experimental and/or investigational services
- Eyeglass frames
- Hearing aids
- Immunizations for Anthrax, BCG, Cholera, Plague, Typhoid and Yellow Fever
- Infertility treatment
- Long-term care
- Non-Emergency care when traveling outside the U.S.
- Orthotic and other corrective appliances for the foot

- Services for which a third-party is or may be responsible
- Services related to certain illegal activities
- Services that are not medically necessary
- Temporomandibular Joint (TMJ) services

Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan document.)

- Private Duty Nursing, requires <u>preauthorization</u> with limitations
- Routine eye care (Adult)

- Routine foot care, covered in limited circumstances
- Weight loss programs as part of a program approved by SelectHealth

^{*} For more information about limitations and exceptions, see the plan or policy document at selecthealth.org/contracts?I61A0055.

Your Rights to Continue Coverage:

There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: Department of Labor's Employee Benefits Security Administration at 1-866-444-EBSA (3272) or www.dol.gov/ebsa/healthreform; or Department of Health and Human Services, Center for Consumer Information and Insurance Oversight, at 1-877-267-2323 x61565 or www.cciio.cms.gov; or contact the <u>Plan</u>. Other coverage options may be available to you too, including buying individual insurance coverage through the Health Insurance <u>Marketplace</u>. For more information about the <u>Marketplace</u>, visit <u>www.HealthCare.gov</u> or call 1-800-318-2596.

Your Grievance and Appeals Rights:

There are agencies that can help if you have a complaint against your <u>plan</u> for a denial of a <u>claim</u>. This complaint is called a <u>grievance</u> or <u>appeal</u>. For more information about your rights, look at the explanation of benefits you will receive for that medical <u>claim</u>. Your plan documents also provide complete information to submit a claim, <u>appeal</u>, or a <u>grievance</u> for any reason to your <u>plan</u>. For more information about your rights, this notice, or assistance, contact: Department of Labor's Employee Benefits Security Administration at 866-444-EBSA (3272) or dol.gov/ebsa/healthreform; or If your coverage is fully-insured, you may also contact the Utah Insurance Department, Office of Consumer Assistance, Suite 3110, State Office Building, Salt Lake City, Utah 84114.

To contact SelectHealth Member Services, please call 800-538-5038 weekdays, TTY users should call 711, or visit us at selecthealth.org.

Does this plan provide Minimum Essential Coverage? Yes

<u>Minimum Essential Coverage</u> generally includes <u>plans</u>, <u>health insurance</u> available through the <u>Marketplace</u> or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of <u>Minimum Essential Coverage</u>, you may not be eligible for the <u>premium tax credit</u>.

Does this plan meet the Minimum Value Standards? Yes

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

To see examples of how this plan might cover costs for a sample medical situation, see the next page.

^{*} For more information about limitations and exceptions, see the plan or policy document at selecthealth.org/contracts?I61A0055.

About these Coverage Examples:



This is not a cost estimator. Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost sharing</u> amounts (<u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health <u>plans</u>. Please note these coverage examples are based on self-only coverage.

Peg is Having a Baby

(9 months of in-network pre-natal care and a hospital delivery)

■ The <u>plan's</u> overall <u>deductible</u>	\$0
Specialist	Covered 100%
Hospital (facility)	Covered 100%
Other	Covered 100%

This EXAMPLE event includes services like:

<u>Specialist</u> office visits (*prenatal care*)
Childbirth/Delivery Professional Services
Childbirth/Delivery Facility Services

<u>Diagnostic tests</u> (ultrasounds and blood work)

Specialist visit (anesthesia)

Total Example Cost	\$12,700
In this example. Peg would pay:	

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Cost Sharing	
Deductibles	\$0
Copayments	\$0
Coinsurance	\$0
What isn't covered	
Limits or exclusions	\$60
The total Peg would pay is	\$60

Managing Joe's type 2 Diabetes

(a year of routine in-network care of a well-controlled condition)

The <u>plan's</u> overall <u>deductible</u>	\$0
Specialist	Covered 100%
Hospital (facility)	Covered 100%
Other	Covered 100%

This EXAMPLE event includes services like:

<u>Primary care physician</u> office visits (*including disease education*)

Diagnostic tests (blood work)

Prescription drugs

Durable medical equipment (glucose meter)

Total Example Cost	\$5,600
In this example, Joe would pay:	

Cost Sharing	
Deductibles	\$0
Copayments	\$0
Coinsurance	\$0
What isn't covered	
Limits or exclusions	\$60
The total Joe would pay is	\$60

Mia's Simple Fracture

(in-network emergency room visit and follow up care)

The <u>plan's</u> overall <u>deductible</u>	\$0
Specialist	Covered 100%
Hospital (facility)	Covered 100%
■ Other	Covered 100%

This EXAMPLE event includes services like:

<u>Emergency room care</u> (including medical supplies)

Diagnostic test (x-ray)

<u>Durable medical equipment</u> (crutches)

Rehabilitation services (physical therapy)

Total Example Cost	\$2,800

In this example. Mia would pay:

Cost Sharing	
Deductibles	\$0
Copayments	\$0
Coinsurance	\$0
What isn't covered	
Limits or exclusions	\$0
The total Mia would pay is	\$0

The <u>plan</u> would be responsible for the other costs of these EXAMPLE covered services.

I61A0055

This is a Expanded Bronze/Native American plan as defined by the Affordable Care Act 68781UT0020051-02 01-01-2023

SelectHealth, IncSM 9/2/2022 v23.17

^{*} For more information about limitations and exceptions, see the plan or policy document at selecthealth.org/contracts?I61A0055.

Non-Discrimination Notice

SelectHealth obeys Federal civil rights laws. We do not treat you differently because of your race, color, ethnic background or where you come from, age, disability, sex, religion, creed, language, social class, sexual orientation, gender identity or expression, and/or veteran status.

We provide free aid and services to people with disabilities to help them communicate effectively with us, such as qualified sign language interpreters and written information in other formats (large print, audio, accessible electronic formats, other formats). We also provide free language services to people whose primary language is not English, such as qualified interpreters and member materials written in other languages.

If you need these services, please call SelectHealth Member Services at 800-538-5038 or SelectHealth Advantage Member Service at 855-442-9900. Any member or other person who believes he/she may have been subject to discrimination may file a complaint or grievance by calling the SelectHealth 504/Civil Rights Coordinator at 844-208-9012 or the Compliance Hotline at 800-442-4845 (TTY Users: 711). You may also call the Office for Civil Rights at 1-800-368-1019 (TTY Users: 800-537-7697).

Language Access Services Spanish

ATENCIÓN: Si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame a SelectHealth: **800-538-5038**.

Chinese

注意:如果您使用繁體中文,您可以免費獲得語言援助服務。請致電 SelectHealth: **800-538-5038**.。

Vietnamese

CHÚ Ý: Nếu bạn nói Tiếng Việt, có các dịch vụ hỗ trợ ngôn ngữ miễn phí dành cho bạn. Gọi số SelectHealth: **800-538-5038**.

Korean

주의: 한국어를 사용하시는 경우, 언어 지원 서비스를 무료로 이용하실 수 있습니다. SelectHealth: **800-538-5038**. 번으로 전화해 주십시오.

Navajo

Díí baa akó nínízin: Díí saad bee yáníłti'go Diné Bizaad, saad bee áká'ánída'áwo'dę'ę", t'áá jiik'eh, éí ná hólo', koji' hódíílnih SelectHealth: **800-538-5038**.

Nepali

ध्यान दिनुहोस्: तपाईंले नेपाली बोल्नुहुन्छ भने तपाईंको निम्ति भाषा सहायता सेवाहरू निःशुल्क रूपमा उपलब्ध छ । SelectHealth: 800-538-5038 मा फोन गर्नुहोस।

Tongan

FAKATOKANGA'I: Kapau 'oku ke lea fakatonga, ko e kau fakatonu lea te nau tokoni atu ta'etotongi, pea te ke lava 'o ma'u ia. Telefoni ki he SelectHealth: **800-538-5038**.

Serb-Croatian

ОБАВЕШТЕЊЕ: Ако говорите српски језик, услуге језичке помоћи доступне су вам бесплатно. Позовите SelectHealth: **800-538-5038**.

Tagalog

PAUNAWA: Kung nagsasalita ka ng Tagalog, maaari kang gumamit ng mga serbisyo ng tulong sa wika nang walang bayad. Tumawag sa SelectHealth: **800-538-5038**.

German

ACHTUNG: Wenn Sie Deutsch sprechen, stehen Ihnen kostenlos sprachliche Hilfsdienstleistungen zur Verfügung. Rufnummer: SelectHealth: **800-538-5038**.

Russian

ВНИМАНИЕ: Если вы говорите на русском языке, то вам доступны бесплатные услуги переводчика. Позвоните SelectHealth: **800-538-5038**

Arabic

ةدعاسملا تامدخ ناف ، قبير علا ثدحتت تنك اذا : قطو حلم قكر شب لصتا ناجملاب كل رفاوتت قيو غللا SelectHealth: 800-538-5038

Mon-khmer, Cambodian

សម្គាល់៖ បើសិនជាអ្នកនិយាយ ភាសាខ្មែរ សេវា ជំនួយផ្នែកភាសា ដោយមិនគិតថ្លៃ គឺអាចមាន សំរាប់ អ្នក។ សូមទូរស័ព្ទមក SelectHealth: 800-538-5038 ។

French

ATTENTION: si vous parlez français, des services d'aide linguistique vous sont proposés gratuitement. Contactez SelectHealth: **800-538-5038**.

Japanese

注意事項:日本語を話される場合、無料の 言語 支援をご利用いただけます。 SelectHealth: **800-538-5038**. まで、お電話にて ご連絡ください。

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