Coverage Period: 01/01/2023 – 12/31/2023 Coverage for: Individual +Family | Plan Type: EPO

The Summary of Benefits and Coverage (SBC) document will help you choose a health <u>plan</u>. The SBC shows you how you and the <u>plan</u> would share the cost for covered health care services. NOTE: Information about the cost of this <u>plan</u> (called the <u>premium</u>) will be provided separately.

This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, call 801-213-4111 or visit <a href="https://uhealthplan.utah.edu/individual/">https://uhealthplan.utah.edu/individual/</a>. For general definitions of common terms, such as <u>allowed amount</u>, <u>balance billing</u>, <u>coinsurance</u>, <u>copayment</u>, <u>deductible</u>, provider, or other underlined terms see the Glossary. You can view the Glossary at <a href="https://www.healthcare.gov/sbc-glossary">www.healthcare.gov/sbc-glossary</a> or call 801-213-4111 to request a copy.

Important Questions	Answers	Why This Matters
What is the overall deductible?	For In-Network Providers: \$5,700/Individual, \$11,400/Family	Generally, you must pay all of the costs from providers up to the <u>deductible</u> amount before this <u>plan</u> begins to pay. If you have other family members on the <u>plan</u> , each family member must meet their own individual <u>deductible</u> until the total amount of <u>deductible</u> expenses paid by all family members meets the overall family <u>deductible</u> .
Are there services covered before you meet your deductible?	Yes, Preventive care; office visits and prescription drugs.	This plan covers some items and services even if you haven't yet met the deductible amount. But a copayment or coinsurance may apply. For example, this plan covers certain preventive services without cost sharing and before you meet your deductible. See a list of covered preventive services at <a href="https://www.healthcare.gov/coverage/preventive-care-benefits/">https://www.healthcare.gov/coverage/preventive-care-benefits/</a> .
Are there other <u>deductibles</u> for specific services?	No.	You don't have to meet deductibles for specific services.
What is the <u>out-of-pocket</u> <u>limit</u> for this <u>plan</u> ?	For In-Network Providers: \$7,200/Individual, \$14,400/Family	The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services. If you have other family members in this <u>plan</u> , they have to meet their own <u>out-of-pocket limit</u> until the overall family <u>out-of-pocket limit</u> has been met.
What is not included in the out-of-pocket limit?	Premium, Balance Billing Charges and Health Care this plan does not cover	Even though you pay these expenses they don't count toward the out-of-pocket limit.
Will you pay less if you use a <u>network provider</u> ?	Yes. See <a href="https://uhealthplan.utah.edu/individual/">https://uhealthplan.utah.edu/individual/</a> or call 801-213-4111 for a list of <a href="mailto:network providers">network providers</a> .	This <u>plan</u> uses a <u>provider network</u> . You will pay less if you use a <u>provider</u> in the plan's <u>network</u> . You will pay the most if you use an <u>out-of-network provider</u> , and you might receive a bill from a <u>provider</u> for the difference between the provider's charge and what your <u>plan</u> pays ( <u>balance billing</u> ). Be aware, your <u>network provider</u> might use an <u>out-of-network provider</u> for some services (such as lab work). Check with your <u>provider</u> before you get services.
Do you need a <u>referral</u> to see a <u>specialist</u> ?	No	You can see the specialist you choose without a referral.



All <u>copayment</u> and <u>coinsurance</u> costs shown in this chart are after your <u>deductible</u> has been met, if a <u>deductible</u> applies.

Common		What You Will Pay		Limitations, Exceptions, & Other	
Medical Event	Services You May Need	In-Network (You will pay the least)	Out-of-Network (You will pay the most)	Important Information	
	Primary care visit to treat an injury or illness	\$30 <u>copay</u> /Per Visit <u>Deductible</u> does not apply.	Not covered	None.	
If you visit a health care	Specialist visit	\$60 <u>copay</u> /Per Visit <u>Deductible</u> does not apply.	Not covered	None	
provider's office or clinic	Preventive care/screening/immunization	No Charge	Not covered	Frequency limitations apply. <u>Deductible</u> does not apply. You may have to pay for services that aren't <u>preventive</u> . Ask your <u>provider</u> if the services you need are <u>preventive</u> . Then check what your <u>plan</u> will pay for.	
If you have a test	Diagnostic test (x-ray, blood work)	40% coinsurance	Not covered	Preauthorization may be required for	
If you have a test	Imaging (CT/PET scans, MRIs)	40% coinsurance	Not covered	certain services or benefits may be denied.	
If you need drugs to	Tier 1(Preferred Generic drugs)	Retail: \$20 copay/Per Medication Deductible does not apply. Mail Order: \$40 copay/Per Medication Deductible does not apply.	Retail: Not covered Mail Order: Not covered		
treat your illness or condition  More information about prescription drug coverage is available at https://uhealthplan.utah.ed	Tier 2 (Non-Preferred Generic and Preferred Brand Drugs)	Retail: \$40 copay/Per Medication Deductible does not apply. Mail Order: \$80 copay/Per Medication Deductible does not apply.	Retail: Not covered Mail Order: Not covered	Retail up to a 30 day supply, Mail Order up to a 90 day supply. Quantity Limits, Step Therapy, and Preauthorization may apply. Refer to the drug formulary for detailed information.	
u/individual/pharmacy.php	Tier 3 (Non-Preferred Brand Drugs)	Retail: \$80 copay/Per Medication Mail Order: Not covered	Retail: Not covered Mail Order: Not covered		
	Tier 4 (Specialty drugs)	Retail: \$350 <u>copay</u> /Per Medication Mail Order: Not covered	Retail: Not covered Mail Order: Not covered		

<sup>\*</sup> For more information about limitations and exceptions, see the plan or policy document at <a href="https://uhealthplan.utah.edu/individual/">https://uhealthplan.utah.edu/individual/</a>

Common		What You Will Pay		Limitations, Exceptions, & Other	
Medical Event	Services You May Need	In-Network (You will pay the least)	Out-of-Network (You will pay the most)	Important Information	
If you have outpatient surgery	Facility fee (e.g., ambulatory surgery center)	40% <u>coinsurance</u>	Not covered	Benefits may be denied for failure to obtain preauthorization for certain	
Surgery	Physician/surgeon fees	40% <u>coinsurance</u>	Not covered	services.	
	Emergency room care	40% <u>coinsurance</u>	40% <u>coinsurance</u>	Copay is waived if admitted directly to a hospital or facility on an inpatient basis.  Emergency room services apply to network provider benefits.	
If you need immediate medical attention	Emergency medical transportation	Ambulance - Ground: 40% coinsurance Ambulance - Air: 40% coinsurance	Ambulance - Ground: 40% <u>coinsurance</u> Ambulance - Air: 40% <u>coinsurance</u>	Non-emergency use is not covered.	
	<u>Urgent care</u>	\$45 <u>copay</u> /Per Visit <u>Deductible</u> does not apply.	Not covered	None.	
If you have a hospital stay	Facility fee (e.g., hospital room)	40% <u>coinsurance</u>	Not covered	Preauthorization may be required for certain services or benefits may be	
Stay	Physician/surgeon fees	40% <u>coinsurance</u>	Not covered	denied.	
If you need mental health, behavioral health, or substance	Outpatient services	Office: \$30 copay/Per Visit Deductible does not apply. Other: 40% coinsurance	Office: Not covered Other: Not covered	Preauthorization may be required for certain services or benefits may be denied. Additional limitations and	
abuse services	Inpatient services	40% <u>coinsurance</u>	Not covered	exclusions apply.	
	Office visits	40% <u>coinsurance</u>	Not covered	Notify U Baby care team for care	
	Childbirth/delivery professional services	40% <u>coinsurance</u>	Not covered	management services at 1-833-981- 0214. Maternity care may include tests	
If you are pregnant	Childbirth/delivery facility services	40% <u>coinsurance</u>	Not covered	and services described elsewhere in the SBC (i.e. ultrasound). Preauthorization may be required for certain services or benefits may be denied.	
If you need help	Home health care	40% <u>coinsurance</u>	Not covered	Limited to 30 Visits per calendar year.  Preauthorization is required, or services are not covered.	
recovering or have other special health needs	Rehabilitation services	\$30 <u>copay</u> /Per Visit <u>Deductible</u> does not apply.	Not covered	Limited to 20 Visits per calendar year total for rehabilitation and habilitation	
	Habilitation services	40% <u>coinsurance</u>	Not covered	services. Benefits may be denied for	

<sup>\*</sup> For more information about limitations and exceptions, see the plan or policy document at <a href="https://uhealthplan.utah.edu/individual/">https://uhealthplan.utah.edu/individual/</a>

Common		What You Will Pay		Limitations, Exceptions, & Other
Medical Event	Services You May Need	In-Network (You will pay the least)	Out-of-Network (You will pay the most)	Important Information
				failure to obtain <u>preauthorization</u> for certain services.
	Skilled nursing care	40% <u>coinsurance</u>	Not covered	SNF and Acute Rehab Limited to 30 Days per calendar year each. Long Term Acute Care unlimited.  Preauthorization may be required for certain services.
	Durable medical equipment	40% coinsurance	Not covered	<u>Preauthorization</u> is required for durable medical equipment over \$1,000, or services are not covered.
	Hospice services	40% <u>coinsurance</u>	Not covered	Limited to 6 Months in every 3 years.  Preauthorization is required or benefits may be denied.
If your shild moods	Children's eye exam	No Charge	No Charge	Limited to one routine eye exam per plan year.
If your child needs dental or eye care	Children's glasses	No Charge	No Charge	One set of corrective lenses per year. Frames are not covered.
	Children's dental check-up	Not covered	Not covered	Not Applicable.

 $<sup>^{\</sup>star} \ \text{For more information about limitations and exceptions, see the plan or policy document at } \underline{\text{https://uhealthplan.utah.edu/individual/}}$ 

#### **Excluded Services & Other Covered Services:**

Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services.)		
<ul> <li>Acupuncture</li> <li>Dental care (Adult)</li> <li>Non-emergency care when traveling outsident</li> </ul>		<ul> <li>Non-emergency care when traveling outside the</li> </ul>
		U.S.
Bariatric surgery	<ul> <li>Hearing aids</li> </ul>	<ul><li>Private-duty nursing</li></ul>
Chiropractic care	<ul> <li>Infertility treatment</li> </ul>	<ul> <li>Routine foot care</li> </ul>
Cosmetic surgery	<ul> <li>Long-term care</li> </ul>	<ul> <li>Weight loss programs</li> </ul>

## Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan document.)

• Routine eye care 1 Visits per calendar year

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: University of Utah Health Plans at 801-213-4111, your state insurance department, the U.S. Department of Labor's Employee Benefits SecurityAdministration at 1-866-444-EBSA (3272) or http://www.dol.gov/ebsa/contactEBSA/consumerassistance.html. Other coverage options may be available to you too, including buying individual insurance coverage through the Health Insurance Marketplace. For more information about the Marketplace, visit www.healthcare.gov or call 1-800-318-2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your <u>plan</u> for a denial of a <u>claim</u>. This complaint is called a <u>grievance</u> or <u>appeal</u>. For more information about your rights, look at the explanation of benefits you will receive for that medical <u>claim</u>. Your <u>plan</u> documents also provide complete information to submit a <u>claim</u>, <u>appeal</u>, or a <u>grievance</u> for any reason to your <u>plan</u>. For more information about your rights, this notice, or assistance, contact: Customer Service at 801-213-4111. You may also contact the Utah Insurance Department, Office of Consumer Assistance, 4315 S 2700 W, Suite 2300, Taylorsville, UT 84129. For additional information about your grievance and appeals rights, see your Member Materials..

# Does this plan provide Minimum Essential Coverage? Yes

Minimum Essential Coverage generally includes plans, health insurance, available through the Marketplace or other indivdiual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of Minimum Essential Coverage, you may not be eligible for the premium tax credit.

## Does this plan meet the Minimum Value Standards? Yes

If your <u>plan</u> doesn't meet the <u>Minimum Value Standards</u>, you may be eligible for a <u>premium tax credit</u> to help you pay for a <u>plan</u> through the <u>Marketplace</u>.

## Language Access Servicesss:

Spanish: ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 801-213-4111 TTY: 1-800-346-4128.

Chinese:注意:如果您使用繁體中文,您可以免費獲得語言援助服務。請致電801-213-4111 TTY: 1-800-346-4128.

Vietnamese: CHÚ Ý: Nếu bạn nói Tiếng Việt, có các dịch vụ hỗtrọngôn ngữ miễn phí dành cho bạn. Gọ số 801-213-4111 TTY: 1-800-346-4128.

<sup>\*</sup> For more information about limitations and exceptions, see the plan or policy document at https://uhealthplan.utah.edu/individual/

Navajo: Dii baa ak0 n7n7zin: D77 saad bee y1n7[ti'go Diné Bizaad, saad bee 1k1'1n7da'1wo'd66', t'11 jiik'eh, 47 n1 h0l=, koj8' h0d77lnih 801-213-4111 TTY: 1- 800-346-4128.

Nepali: Nēpālī: Dhyāna: Yadi tapā'ī spēniśa bōlnuhuncha bhanē, tapā'īnsamga ni: Śulka bhā ā sahayōga sēvāharū chan. Kala garnuhōs 801-213-4111 TTY: 1-800-346-4128.

Tongan: FAKATOKANGA'I: Kapau 'oku ke Lea-Fakatonga, ko e kau tokoni fakatonu lea 'oku nau fai atu ha tokoni ta'etotongi, pea teke lava 'o ma'u ia. Telefoni mai1 801-213-4111 TTY: 1-800-346-4128.

Serbo-Croation: OBAVJEŠTENJE: Ako govorite srpsko-hrvatski, usluge jezičke pomoći dostupne su vam besplatno. Nazovite 801-213-4111 TTY: 1-800-346- 4128.

Tagalog: PAUNAWA: Kung nagsasalita ka ng Tagalog, maaari kang gumamit ng mga serbisyo ng tulong sa wika nang walang bayad. Tumawag sa 801-213-4111 TTY: 1-800-346-4128.

German: ACHTUNG: Wenn Sie Deutsch sprechen, stehen Ihnen kostenlos sprachliche Hilfsdienstleistungen zur Verfügung. Rufnummer: 801-213-4111 TTY: 1-800-346-4128.

Russian: ВНИМАНИЕ: Если вы говорите на русском языке, то вам доступны бесплатные услуги перевода. Звоните 801-213-4111 (телетайп: 1-800-346-4128).

Arabic: alearabiat: tanbih: 'iidha kunt tatahadath al'iisbaniat, faladik khadamat musaeadat lighawyat majaniat. 'atasil bialraqm 801-213-4111 TTY: 1-800-346-4128.

French: ATTENTION: Si vous parlez français, des services d'aide linguistique vous sont proposés gratuitement. Appelez le 801-213-4111 (ATS: 1-800-346- 4128).

Japanese: 注意事項:日本語を話される場合、無料の言語支援をご利用いただけます。801-213-4111 (TTY: 1-800-346-4128) まで、お電話にてご連絡ください。

PRA Disclosure Statement: According to the Paperwork Reduction Act of 1995, no persons are required to respond to a collection of information unless it displays a valid OMB control number. The valid OMB control number for this information collection is 0938-1146. The time required to complete this information collection is estimated 0.08 hours per response, including the time to review instructions, search existing data resources, gather the data needed, and complete and review the information collected. If you have comments concerning the accuracy of the time estimates or suggestions for improving this form, please write to: CMS, 7500 Security Boulevard, Attn: PRA Reports Clearance Officer, Mail Stop C4-26-05, Baltimore, Mayland 21244-1850

-----To see examples of how this plan might cover costs for a sample medical situation, see the next section.

<sup>\*</sup> For more information about limitations and exceptions, see the plan or policy document at <a href="https://uhealthplan.utah.edu/individual/">https://uhealthplan.utah.edu/individual/</a>

## **About these Coverage Examples:**



This is not a cost estimator. Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost sharing</u> amounts (<u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health <u>plans</u>. Please note these coverage examples are based on self-only coverage.

# Peg is Having a Baby

(9 months of in-network pre-natal care and a hospital delivery)

■ The <u>plan's</u> overall <u>deductible</u>	\$5,700
■ Specialist <u>copayment</u>	\$60
■ Hospital (facility) coinsurance	40%
Other coinsurance	40%

#### This EXAMPLE event includes services like:

Specialist office visits (*prenatal care*)
Childbirth/Delivery Professional Services
Childbirth/Delivery Facility Services
Diagnostic tests (*ultrasounds and blood work*)
Specialist visit (*anesthesia*)

Total Example Cost	\$12,700
In this example, Peg would pay:	

Cost Sharing	
Deductibles	\$5,700
Copayments	\$0
Coinsurance	\$1,500
What isn't covered	
Limits or exclusions	\$50
The total Peg would pay is	\$7,250

# Managing Joe's type 2 Diabetes (a year of routine in-network care of a well-

controlled condition)

The <u>plan's</u> overall <u>deductible</u> \$5,700
 Specialist <u>copayment</u> \$60
 Hospital (facility) <u>coinsurance</u> 40%
 Other <u>coinsurance</u> 40%

## This EXAMPLE event includes services like:

Primary care physician office visits (*including disease education*)

Diagnostic tests (blood work)

Prescription drugs

Durable medical equipment (glucose meter)

Total Example Cost	\$5,600
In this example, Joe would pay:	

Cost Sharing	
Deductibles	\$4,000
Copayments	\$400
Coinsurance	\$0
What isn't covered	
Limits or exclusions	\$20
The total Joe would pay is	\$4,420

# Mia's Simple Fracture

(in-network emergency room visit and follow up care)

■ The plan's overall deductible	\$5,700
■ Specialist <u>copayment</u>	\$60
■ Hospital (facility) coinsurance	40%
Other coinsurance	40%

### This EXAMPLE event includes services like:

Emergency room care (including medical supplies)

Diagnostic test (x-ray)

Durable medical equipment (crutches)

Rehabilitation services (physical therapy)

Total Example Cost	\$2,800
In this example, Mia would pay:	

Cost Sharing	
Deductibles	\$2,000
Copayments	\$200
Coinsurance	\$0
What isn't covered	
Limits or exclusions	\$0
The total Mia would pay is	\$2,200